



## MONDAY

**6:30 AM MAIN STREET MORNING GROUP**  
O-D-L 579 Main St, Stroudsburg, PA 18360

**10:00 AM WIND GAP GROUP**  
C-D 701 Cherry St, Wind Gap, PA 18091


**10:00 AM EYE OPENER GROUP**  
O-D 14 N 8th St, Stroudsburg, PA 18360

**12:00 PM BLAKESLEE GROUP**  
BB-O-  133 Firehouse Rd, Pocono Pines, PA 18350

**12:00 PM SERENITY HOUSE GROUP**  
C-D  55 Smith St, East Stroudsburg, PA 18301

**12:00 PM HAPPY HOUR GROUP**  
O-D  726 Foxtown Hill Rd, Stroudsburg, PA 18360

**5:30 PM SERENITY HOUSE GROUP**  
BB-C-D  55 Smith St, East Stroudsburg, PA 18301


**6:00 PM BASICS GROUP**  
O  118 S 1st St, Bangor, PA 18013

**6:00 PM POCONO LAKE GROUP**  
D  133 Firehouse Rd, Pocono Pines, PA 18350

**6:00 PM HAPPY HOUR GROUP**  
C -12X12 726 Foxtown Hill Rd, Stroudsburg, PA 18360

**7:00 PM TANNERSVILLE WOMEN'S GROUP**  
C-D-W  6258 US-209, Stroudsburg, PA 18360

**7:30 PM FREEDOM FROM BONDAGE GROUP**  
O-D 205 N 7th St, Stroudsburg, PA 18360

**7:30 PM BRODHEADSVILLE BIG BOOK**  
BB - C  1919 US-209, Brodheadsville, PA 18322

**8:00 PM THE JOHNSONVILLE GROUP**  
C-D  1755 N Delaware Dr, Mt Bethel, PA 18343

**8:00 PM MT. POCONO GROUP**  
O-S Trinity Hill Rd, Mt Pocono, PA 18344

## TUESDAY

**6:30 AM MAIN STREET MORNING GROUP**  
O-D-L 579 Main St, Stroudsburg, PA 18360

**10:00 AM WIND GAP GROUP**  
C 701 Cherry St, Wind Gap, PA 18091

**10:00 AM EYE OPENER GROUP**  
C-L 14 N 8th St, Stroudsburg, PA 18360

**12:00 PM HIGHER POWER GROUP**  
C-BB  579 Main St, Stroudsburg, PA 18360

**12:00 PM BLAKESLEE GROUP**  
C-D  133 Firehouse Rd, Pocono Pines, PA 18350

**12:15 PM LIVING IN THE SOLUTION GROUP**  
C 2167 PA-715, Stroudsburg, PA 18360

**5:30 PM SERENITY HOUSE GROUP**  
C-D  55 Smith St, East Stroudsburg, PA 18301

**6:00 PM PRIMARY PURPOSE GROUP**  
BB-O 4326 Cherry Lane Church Rd, E.Stroudsburg

**6:00 PM HAPPY HOUR GROUP**  
C -D 726 Foxtown Hill Rd, Stroudsburg, PA 18360


**7:00 PM THE WAY OUT BIG BOOK STUDY**  
BB-OL-C Zoom Meeting ID [178972572](#) PW [164](#)

**7:30 PM MAKE AN EFFORT**  
C 178 Merwinsburg Rd, Effort, PA 18330

**7:30 PM THE PINES GROUP**  
 12 Church Ave, Mt Pocono, PA 18344

**7:30 PM BUSHKILL GROUP**  
C-L 5969 Milford Rd, East Stroudsburg, PA 18302

**8:00 PM THE JOHNSONVILLE GROUP**  
O-S 1755 N Delaware Dr, Mt Bethel, PA 18343

**8:00 PM ACCEPTANCE GROUP**  
C-D  Trinity Hill Rd, Mt Pocono, PA 18344

**8:00 PM STROUDSBURG GROUP**  
O-D 14 N 8th St, Stroudsburg, PA 18360

## WEDNESDAY

**6:30 AM MAIN STREET MORNING GROUP**  
D-L-O 579 Main St, Stroudsburg, PA 18360

**10:00 AM EYE OPENER GROUP**  
BB- C 14 N 8th St, Stroudsburg, PA 18360

**12:00 PM HIGHER POWER GROUP**  
C-D  579 Main St, Stroudsburg, PA 18360

**12:00 PM REEDERS GROUP**  
O-D 2167 PA-715, Stroudsburg, PA 18360

**2:00 PM STEPPING STONES**  
O-B-S 675 Belmont Ave, Mount Pocono, PA 18344

**5:30 PM SERENITY HOUSE GROUP**  
C  55 Smith St, East Stroudsburg, PA 18301

**6:00 PM POCONO LAKE GROUP**  
D  133 Firehouse Rd, Pocono Pines, PA 18350

**6:00 PM HAPPY HOUR GROUP**  
BB-O 726 Foxtown Hill Rd, Stroudsburg, PA 18360

**6:30 PM SUFFICIENT FORCE**  
C -BB 158 Fish Hill Rd, Tannersville, PA 18372

**7:00 PM NEW BEGINNINGS GROUP**  
2167 PA-715, Stroudsburg, PA 18360

**7:30 PM ALBRIGHTSVILLE GROUP**  
C-D  1302 N Old Stage Rd, Albrightsville, PA 18210

**7:30 PM INTO ACTION GROUP**  
C-D-ST  1 Pilgrim Way, Brodheadsville, PA 18322

**8:00 PM CANADENSIS GROUP**  
1200 PA-390, Cresco, PA 18326

**8:00 PM KIRKBRIDGE GROUP**  
12-12  BB-C 110 Church Ln, Delaware Water Gap, PA 18327

## THURSDAY

**6:30 AM MAIN STREET MORNING GROUP**  
O-D-L 579 Main St, Stroudsburg, PA 18360

**10:00 AM EYE OPENER GROUP**  
O-D 14 N 8th St, Stroudsburg, PA 18360

**10:00 AM BLAKESLEE GROUP**  
C-D-ST  550 PA-940, Pocono Lake, PA 18347

**12:00 PM TANNERSVILLE WOMEN'S GROUP**  
L-W  6258 US-209, Stroudsburg, PA 18360

**12:00 PM SERENITY HOUSE GROUP**  
C-D  55 Smith St, East Stroudsburg, PA 18301

**12:00 PM HAPPY HOUR GROUP**  
O-D  726 Foxtown Hill Rd, Stroudsburg, PA 18360


**4:00 PM COURAGE TO CHANGE**  
C-D 139 Craigs Meadow Rd, East Stroudsburg, PA

**5:30PM SERENITY HOUSE GROUP**  
C-L  55 Smith St, East Stroudsburg, PA 18301

**6:00 PM HAPPY HOUR GROUP**  
BB-C 726 Foxtown Hill Rd, Stroudsburg, PA 18360

**7:00PM STAYING IN THE SOLUTION**  
C-L 406 Upper Swiftwater Rd, Cresco

**7:00 PM THE TWO SPIRIT GROUP**  
O-L- LGBTQT 14 North 8th Street, Stroudsburg, PA.

**7:30 PM BUSHKILL GROUP**  
D-O  5969 Milford Rd, East Stroudsburg, PA 18302

**7:30 PM FRESH START GROUP**  
C -D 1919 US-209, Brodheadsville, PA 18322

**8:00 PM SLATE BELT GROUP**  
C-D  55 N 3rd St, Bangor, PA 18013

**8:00 PM MT. POCONO GROUP**  
C-D Trinity Hill Rd, Mt Pocono, PA 18344

**8:00PM KEEP IT SIMPLE GROUP**  
83 S Courtland St, East Stroudsburg, PA 18301

## FRIDAY


**6:30 AM MAIN STREET MORNING GROUP**  
O-D-L 579 Main St, Stroudsburg, PA 18360

**10:00 AM EYE OPENER GROUP**  
C 14 N 8th St, Stroudsburg, PA 18360

**12:00 PM HIGHER POWER GROUP**  
O-S  579 Main St, Stroudsburg, PA 18360

**12:00 PM BLAKESLEE GROUP**  
C-D-L  550 PA-940, Pocono Lake, PA 18347

**5:00 PM PEN ARGYL GROUP**  
C-D  300 W Babbitt Ave, Pen Argyl, PA 18072

**5:30 PM SERENITY HOUSE GROUP**  
C  55 Smith St, East Stroudsburg, PA 18301

**6:00 PM WE HAVEN'T FIGURED IT OUT YET**  
BB 133 Firehouse Rd, Pocono Pines, PA 18350

*UPDATED 03.11.2026*